

Sun

Mon

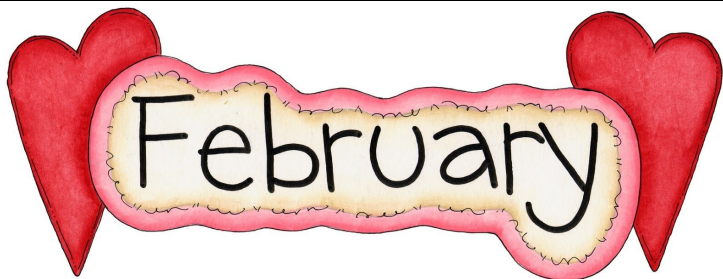
Tue

Wed

Thu

Fri

Sat



1
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Dominoes
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Air Hockey
 3:30pm Inspiration

2
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Healing Music
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Adapted Sports
 3:30pm Healthy Movement

3
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Nintendo Wii
 12pm Lunch
 1pm Leisure Education
 1:30pm Movie and Popcorn
 3:30pm Board Games/Fee Time



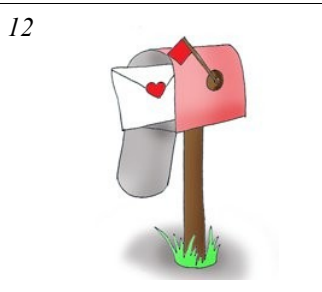
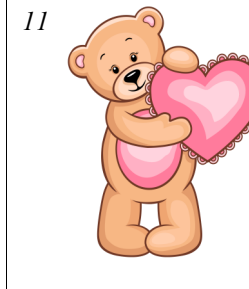
6
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Dominoes
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Adapted Sports
 3:30pm Healthy Movement

7
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Leisure Education
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Stress Management
 3:30pm Progressive Relaxation

8
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Trivia
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Board Games/Free Time

9
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Healing Music
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Bowling
 3:30pm Progressive Relaxation

10
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Yoga
 12pm Lunch
 1pm Dominos
 1:30 Movie and Popcorn
 3:30pm Adapted Sports



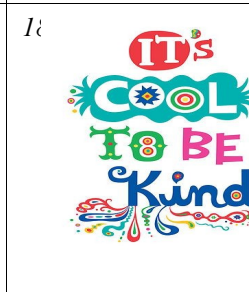
13
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Yoga
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Adapted Sports
 3:30pm Healthy Movement

14 *Valentine's Day*
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Dominos
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Nintendo Wii
 3:30pm Stress Management

15
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Trivia
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Dominos
 3:30pm Progressive Relaxation

16
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Healing Music
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Leisure Education
 3:30pm Air Hockey

17
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Nintendo Wii
 12pm Lunch
 1pm Board Games/Fee Time
 1:30pm Movie and Popcorn
 3:30pm Inspiration



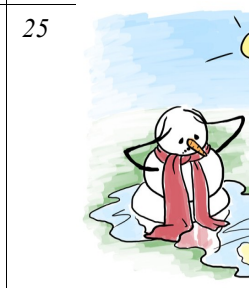
20
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Dominos
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Healthy Movement
 3:30pm Brain Fitness

21
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Nintendo Wii
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Bowling
 3:30pm Inspiration

22
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Yoga
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Adapted Sports
 3:30pm Board Games/Free Time

23
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Healing Music
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Leisure Education
 3:30pm Brain Fitness

24
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Nintendo Wii
 12pm Lunch
 1pm Board Games/Fee Time
 1:30pm Movie and Popcorn
 3:30pm Inspiration



27
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Yoga
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Air Hockey
 3:30pm Inspiration

28
 10am Coffee Talk/Current Events
 11am Today in History
 11:15am Chair Exercise
 11:30am Trivia
 12pm Lunch
 1pm Therapeutic Arts & Crafts
 3pm Adapted Sports
 3:30pm Inspiration
 6:30pm Caregiver Support Group

Mardi Gras

