





**JANUARY 2016\***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <i>HAPPY NEW YEAR'S</i>	2
3	4 4 oz Lasagna w/1 Slice of Garlic Bread 3 oz Tossed Salad Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	5 4 oz BBQ Chicken Patties 3 oz Garlic Mashed Potatoes 3 oz Vegetables Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	6 4 oz Chef Salad Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	7 4 oz Cream of Broccoli Soup 3 oz Grilled Cheese Sandwich 3 oz Tossed Salad Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	8 4 oz Spaghetti 3 oz Tossed Salad Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	9
10 	11 4 oz Beef Barley Noodle Soup w/Crackers 3 oz Tossed Salad Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	12 4 oz Meat Loaf 3 oz Mashed Potatoes 3 oz Vegetables 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	13 4 oz Baked Tuna Casserole 3 oz Steamed Vegetables Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	14 4 oz Cobb Salad Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	15 4 oz Zesty Chicken Po Boy 3 oz French Fries 3 oz Vegetables 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	16 
17	18 4 oz Beef a Roni 3 oz Vegetables Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	19 4 oz Baked Ham Sandwiches 3 oz Potato Chips Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	20 4 oz Chicken Chili w/2 oz Crackers 3 oz Vegetables Fresh Fruit 2 oz Low Sugar Dessert	21 4 oz Turkey Tetrazzini 3 oz Vegetables Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	22 4 oz Franks 3 oz Baked French Fries 3 oz Vegetables 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	23
24	25 4 oz Split Pea Soup 3 oz Grilled Ham Sandwich 3 oz Vegetables Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	26 4 oz Chicken Pasta 3 oz Vegetables Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	27 4 oz California Burgers 3 oz Tater Tots 3 oz Tossed Salad Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	28 4 oz Ham Macaroni & Cheese Casserole 3 oz Vegetables 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	29 4 Wing Wings 3 oz Rice Medley 3 oz Vegetables Fresh Fruit 2 oz Low Sugar Dessert 8 oz Beverage or 1/2% Milk	30
31 					*MENU SUBJECT TO CHANGE	